

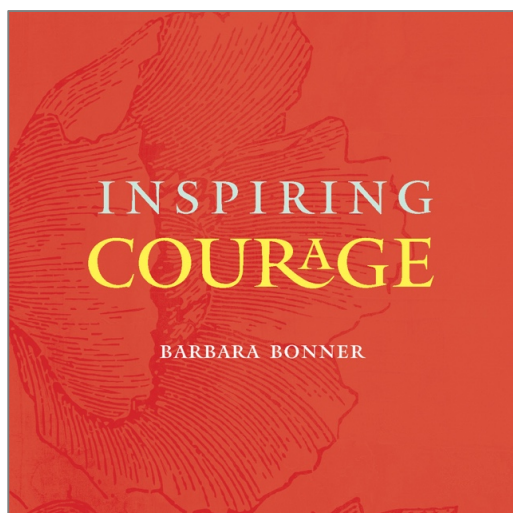
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INSPIRING COURAGE

Through a broad scope of quotations, poems, and true-life stories, *Inspiring Courage* offers inspiration to help us authentically live life to the fullest, even against all odds.

BY BARBARA BONNER



INSPIRING COURAGE

by Barbara Bonner

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BARBARA BONNER started her professional life as an art historian, moving on to leadership positions in three New York City museums. She later served as Vice President of Bennington College and the Kripalu Center for Yoga and Health. She now has her own consulting practice focused on helping non-profits transform their philanthropic support. Barbara has served on ten nonprofit boards and until recently was Board Chair at the Barre Center for Buddhist Studies. She is the author of *Inspiring Generosity* (2014).

How can we manage to move forward in the face of hardship, when the odds aren't in our favor? *Inspiring Courage* offers us a beautiful companion to the challenges of daily life—it is a book of inspiration and a resource for finding strength when the very notion of courage seems unfathomable.

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"In this beautifully presented book, you will find illustrations of courage that enliven your own capacity to *live, serve, savor and love without holding back.*"

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